

## **Mariemont Junior High School**

January 2020

Main Course Entrée: Meatloaf & Brown Gravy

Mash Potatoes W/ Roll Sides:

Assorted Fresh Fruits & Vegetables

Main Course Entrée: Bosco W/ Pizza Sauce

Seasoned Carrots Assorted Fresh Fruits & Vegetables

8

Main Course Entrée:

Spaghetti & Meatballs W/ Breadstick Sides:

Steamed Corn Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Orange Popcorn Chicken Cilantro Rice Sides:

Green Beans Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Boneless Wings W/ WG Roll

Sides:

Steamed Broccoli Assorted Fresh Fruits & Vegetables

13

Main Course Entrée:

Chicken Waffle Sides:

Steamed Zucchini Assorted Fresh Fruits & Vegetables

14

Main Course Entrée:

Chili Dog Sides:

Seasoned Carrots Assorted Fresh Fruits & Vegetables

15

Main Course Entrée:

Mash Potato Bowl & **Breadstick** Sides:

Steamed Corn Assorted Fresh Fruits & Vegetables

16

Main Course Entrée:

Chicken or Beef Soft

Sides:

Charro Pinto Beans Assorted Fresh Fruits & Vegetables

No School

No School **Martin Luther** King Jr. Day

Main Course Entrée:

Spaghetti & Meatballs w/ Breadstick

Sides:

Green Beans Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Cheese Quesadilla

Steamed Carrot Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Pollock Fish Nuggets & Breadstick w/ Mac & Cheese

Sides:

Sweet Corn Assorted Fresh Fruits & Vegetables

Main Course Entrée:

Boneless Wings W/ WG Roll

**Sides** 

Broccoli

Assorted Fresh Fruits & Vegetables

27

Main Course Entrée: Breakfast for Lunch French Toast Sausage Sides: **Hash Browns** 

**Assorted Fresh Fruits** 

28

Main Course Entrée:

Pulled Pork Sandwich

Green Beans **Assorted Fresh Fruits** & Vegetables

Main Course Entrée: Cincinnati Chili & Spaghetti & Breadstick

Sides: **Steamed Carrot Assorted Fresh Fruits &** 

Vegetables

30

Main Course Entrée: Nacho Beef & Cheese

Sides:

Sweet Corn

**Assorted Fresh Fruits &** Vegetables

30

& Vegetables More info...

Available Daily: Salad Bar, Hamburgers, Cheeseburgers, Hot Dog Bar, Breaded Chicken, Spicy Chicken, & Grilled Chicken Sandwiches. Specialty Salads available

Make it a meal!

A choice of milk, fruit, and vegetables are included with every meal.

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